

The Heart of a Community



On Saturday, December 10th, the Oscar Foss Memorial Library and Barnstead Parks and Recreation sponsored a "Day of Gratitude" brunch to recognize volunteers in our community. The people honored at this event represent an essential part of our community. They are the people who work behind the scenes to make Barnstead a wonderful place to live. They check in on their neighbors and donate resources and time. They volunteer on boards, committees, and for positions that help our town operate. They maintain the skating rink, drop off food and warm clothes, and donate their skills to the library, Parks and Recreation and many other town organizations. They are the heart of our community.

It was apparent at the awards ceremony that our volunteers also share a common trait. They don't want recognition. They help because they care, not because they want accolades or attention. They work to improve the quality of life for those around them simply because they can.

While this is a very admirable quality, recognizing our volunteers also serves an important purpose. It reminds us that it takes a village. For every event we attend, every service we utilize, every resource that is available to us, there are volunteers supporting them and making them possible. Every effort made by a volunteer makes Barnstead a better place to live.

The list of award winners below is by no means comprehensive. We know that there are so many generous people who give to our town. To that end, we hope to make this an annual event to show our appreciation. We hope you will join us in expressing our thanks, and we encourage everyone to give what you can, where you can, when you can!

# "OSCAR'S" COMMUNITY SERVICE AWARDS

#### TRUSTEES AND BOARD MEMBERS

- Suzanne Allison
- Jane Westlake
- Linda Nelson
- Ann Cwik
- Lindsey Smith
- David Allen
- Kevin Penfield
- Stephanie Richartz

#### **VOLUNTEERS**

- Hilary Henry
- Dawn McCartney
- Ethel McConaghy
- Kate Crary
- Chrissy Roberge
- Mary Clarke
- Sam and Melissa McKeen
- John Gannon
- Gary Madden
- Bob Gates

### GORDON PRESTON COMMUNITY SERVICE AWARD

#### DAWN MCCARTNEY

IF YOU ARE INTERESTED IN VOLUNTEERING FOR ANY COMMUNITY ORGANIZATION, CONTACT DANIELLE AT THE LIBRARY AND WE WILL PUT YOU IN TOUCH WITH THE RIGHT PERSON!

DANIELLE@OSCARFOSS.ORG



### **January Events at Oscar Foss Memorial Library**

Miss Jerissa's Storytime at the Library happens every Wednesday at 10:30. Meet other kids and caretakers in this fun and relaxed environment, where you'll sing and dance, hear stories, and make crafts!

Mead and Read is happening this month on Wednesday, Jan. 4, at 6:00. We will meet at Over the Moon Farmstead in Pittsfield, and be discussing the book, How to Be a Good Creature, by Sy Montgomery. It's a short, easy-to-read book, so perfect reading during the holidays! Afterwards, we will hand out our January read, the psychological thriller, Silent Patient, by Alex Michaelides for discussion in February.

Our monthly Homeschool Event is Tuesday, Jan. 10, from 12:30 - 2:00. Learn about NH mammals by studying real pelts, scat, tracks, and skulls from fourteen furbearers found in the northeast. Registration required.

Tween DnD is on Thursday, Jan. 12, from 4:00 - 6:00. In Session 2, we will journey further down below the mountain to continue our adventure. Bring your dice and imagination! FYI: You are always welcome to join, even if you miss sessions. Light refreshments provided.

Teen DnD is on Friday, Jan. 13, from 4:00 - 6:00. Due to the snow delay, we are still on Session 1. In this session, we hope to learn: What lies beneath Stelrock Mountain? What happened to The Hero and his party? Bring your dice and imagination to find out! Light refreshments provided.

Family Movie Night is on Friday, Jan. 13th, at 6:00. The movie selection will be announced via our Facebook page

On Thursday, Jan. 19, from 4:00 - 6:00, we will have Tween Advisory and Karaoke! Join us and have a say in programming for tweens. Want to voice your opinion on what books we should be adding to our collection? Come help us make the library the best it can be. We will be following up with karaoke using our new microphones, so be sure to warm up those voices

On Friday, Jan. 20, from 6:00 - 8:00, we have Teen Advisory. Meet with your peers to help plan teen activities for 2023. Voice suggestions on how to improve our catalog and sign up for volunteer opportunities. We will wrap up with board games and tunes on the record player!



On Thursday, Jan. 19, from 6:00 - 8:00, we are doing Adult Crafting with Vision Boards! Join this creative workshop and leave with a vision board that can serve as your guide for 2023. This vision board will reflect your goals for the new year, piecing your intentions together into a beautiful display. Materials will be supplied. You may also bring any magazines, photos, or specific items you'd like to include. Free event, 18+ only. Registration required.

OFML Kids Club this month is on Friday, Jan. 20, from 3:30 - 5:00. Kids can hang out, make crafts, and talk about their favorite books. Ages 6-10.

On Thursday, Jan. 26, from 6:00 - 8:00, we are hosting Adult Name That Tune. So popular with your teens and tweens it was requested for the adults! Think you're the master of song titles? Know who sings every song ever? Prove your skills with a rousing game of Name That Tune! Registration required.

On Friday, Jan. 27, from 6:00 - 7:30, our Writers Forum returns! Are you looking for inspiration? Support? Ideas? Feedback? You can get all that and more at our monthly meetings. For anyone who loves writing and anything related to it. Ages 14+.

For events that require registration, please contact us at 269-3900 or ofmlstaff@gmail.com to reserve your spot!

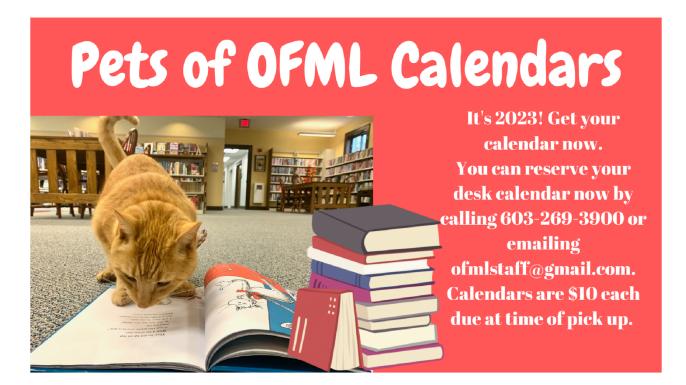
The Barnstead Planning Board is currently requesting letters of interest from residents who would be willing to join the Business Committee.

### **Requirements include:**

- Being a full-time resident of Barnstead
- A registered voter in the town of Barnstead
- An interest in developing a "Business Friendly" Committee to encourage Business Growth and Development in the town
- Meetings, as needed

No experience necessary, just a willingness to volunteer on a Town Committee.

Please mail your letter to the Town of Barnstead, ATTN: Planning Board, PO BOX 11, Ctr Barnstead, NH 03225 or email to Planningbrd@barnstead.org. We look forward to hearing from you.eating worms.



### A NOTE OF THANKS FROM THE

# Barnstead Historical Society



The Barnstead Historical Society would like to thank all who helped celebrate our 50th Anniversary!

From our Anniversary event held in June, to Open Farm Day in August, and concluding with the return of our Annual Christmas Sale in December, the support we received showed us the importance of role of history in our town. Two years of COVID shut downs was difficult for us all. The importance of being able to, once again, visit with all of you was not lost on us. The conversations and stories from all three of these events, as well as other smaller events throughout the summer (concert refreshments, NH Humanities presentations) were heartwarming.

We continue to build our collection and thank all who donate items, however large or small, that we look forward to sharing in the future. We also periodically are able to share items from private collections, which are showcased in the three cases located in the town hall. If you are attending a Planning, Zoning or Selectmens meeting, be sure to check out these displays.

If you are interested in becoming a member of the Historical Society, please reach out to Denise Adjutant, current President, at 603-269-5871.



# RECIPE CORNER

## **Corn Chowder**

### Ingredients:

- · 1 tablespoon butter
- · 1 strip bacon, or 1 teaspoon bacon fat
- 1/2 large yellow onion, chopped (about 3/4 cup)
- 1/3 cup diced red bell pepper
- · 1/2 cup small diced carrot
- · 1/2 cup small diced celery
- 4 to 5 ears sweet corn, kernels removed from the cobs (about 3 cups), cobs reserved (see steps for taking corn off the cob)
- 1 bay leaf
- · 4 1/2 cups milk, whole or low fat
- 2 medium Yukon Gold potatoes, peeled and large (1-inch) diced (about 3 cups)
- · 1 tablespoon kosher salt
- · 1/2 teaspoon freshly ground black pepper
- 1 teaspoon fresh thyme leaves



- 1. Cook the bacon: Place butter and bacon into a large, heavy-bottomed soup pot. Heat on medium heat until the bacon renders its fat, 3-4 minutes.
- 2. Cook the vegetables (except the corn and potatoes): Add the chopped onions, red bell pepper, carrot, and celery, lower the heat to medium low and cook until vegetables soften, about 5 minutes.
- 3. Add corn cobs and bring to a simmer: Break the corn cobs in half (after you've stripped off the corn) and add the cobs to the pot. Add the milk and the bay leaf. Bring to a boil and reduce heat to a bare simmer. Cover the pot and cook for 20 minutes. Make sure the heat is as low as can be and still maintain a gentle simmer to prevent scalding the milk on the bottom of the pan.
- 4. Add potatoes: After 20 minutes, add the potatoes, salt, and thyme to the pot. Increase the heat to return the soup to a simmer, then lower the heat to maintain the simmer and cook for another 10 minutes.
- 5. Finish the soup: Discard the cobs, the bacon strip, and the bay leaf. Add the corn kernels and black pepper. Again raise the heat to bring the soup to a simmer, then lower the heat and cook for another 5 minutes, until the potatoes are fork tender. Add more salt and pepper to taste.





# VOLUNTEERS WANTED!

The Banner needs you!

Our monthly publication depends on articles, event submissions and ads from readers like you. If you are interested in learning more, please contact us at:

danielle@oscarfoss.org or visit our website at www.oscarfoss.org/thebarnstead-banner







603-435-3077

ourtownenergyalliance.com





Business Cards • Forms • Business Checks • Brochures Color Copies • Stationery • Graphic Design • Magnets Programs • Raffle Tickets • Rubber Stamps Wedding Invitations and Accessories • Bookmarks

Full Color: Cards • Brochures • Flyers • Labels • Postcards Customized Promotional Items • Banners • Yard Signs

### GRANITE IMAGE

940 Suncook Valley Hwy • PO Box 683 Epsom, NH 03234 • 603-736-6056 print@granite-image.com • www.granite-image.com

### CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC

504 North Barnstead Rd., Center Barnstead, NH 03225 ccnorthbarnstead.com

Worship with us in-person or join us on Zoom at 10 AM.



# CENTER BARNSTEAD CHRISTIAN CHURCH

Worship Service - Sundays @ 10AM

www.centerbarnsteadcc.org



### BARNSTEAD PARADE CONGREGATIONAL CHURCH

<u>\!\_</u>

Worship Service 9:00 A.M. Rev. Sandy Pierson—483-2846 If you would like to submit an event or classified for the Barnstead Banner, please email danielle@oscarfoss. org with the details.

To subscribe to the online issue of the banner, go to www. oscarfoss.org/the-barnstead-banner