

BARNSTEAD BANNER Good News from a Small Town

They Are the Champions...Again!



by Kristina Schram

The Prospect Mountain High School Softball varsity team has done it again! Currently 39-0, these fantastic PMHS athletes, coached by Barnstead resident, James Christie, have won two State Titles in a row. These back-to-back Division III State Champions have clearly put in the time and effort to reach such illustrious heights. Every athlete knows the term 'blood, sweat, and tears' when it comes to the game and these players have given more than their share. They have had to work through broken bats. injuries, long bus rides, self-doubt, and fatigue, and many do this year-round. All while being full-time students trying to navigate the perils of high school and impending adulthood. These champions have put in the time and it has paid off-their team stats are phenomenal! Clearly, these PMHS athletes are "all business."

This year, several of the players were recognized for their individual accomplishments on the field: Gwen Christie, Tori Christie, and Ella Bernier made the All-State 1st Team and Olivia Noves and Alexis Wilson made the All-State 2nd Team. Ella Bernier was also selected as the DIII Pitcher of the Year for the second year in a row. The following players were also Student Athletes, meaning they demonstrated outstanding academic achievement during the season: Ella Bernier, Gwen Christie, Tori Christie, Alexandria Duclos, Taylor Greenwood, Paige Harding, Olivia Noyes, Alyssa Pica, Maren Rayno, Eve Roberge, Juliette West, and Alexis Wilson.

Coach Christie has been coaching the varsity team for three seasons. For his day job he works as Vice President and National Softball Director at USA Prime. He and his wife, Sarah, also own Elite Sports Academy, an indoor sports and training facility located in Epsom.

If you happen to come across one of these exemplary athletes or their dedicated coach, give them a big CONGRATS!

Presenting the PMHS Division III Softball State Champions!

Maren Rayno - 2023 Ella Bernier - 2024 Reese Burke - 2024 Gwen Christie - 2024 Mariah Gates - 2024 Eve Roberge - 2024 Juleighanna Zamarripa - 2024 Tori Christie - 2025 Alexandria Duclos - 2025 Abigail Fisichelli - 2025 Olivia Noyes - 2025 Jazmyn Price - 2025 Juliette West - 2025 Alexis Wilson - 2025

Taylor Greenwood - 2026 Paige Harding - 2026 Alyssa Pica - 2026



Library Happenings

SUMMER READING PROGRAM: Our Summer Reading Program (SRP) has begun! There's still time to sign up and start logging books for prizes! We have a lot of activities going on, so come visit us to learn more!

Tues. 7/4: We will be closed for the holiday.

Wed. 7/5 @ 10:30AM Storytime Yoga with MIss Mary Ellen: Miss Mary Ellen will be joining us to read stories and teach basic yoga movements geared towards little ones. All ages welcome!

Wed. 7/5 @ 67:30PM Mead and Read (ages 18-): Pip, pip, hurray! We will be discussing Her Royal Spyness (and the Royal Family)! Come hang out with all of us hoi polloi at Over the Moon Farmstead in Pittsfield while we natter about royalty and murder. Our next book will be The Reading List by Sara Nisha Adams.

Thurs. 7/6 @ 6PM Community Quilt Project: Sign up to help us create a community quilt! We will hand out a block pattern to participants and at our first meeting discuss color scheme, fabrics, and more. Our goal is to have the quilt finished by the end of summer for display at our fall art festival. To register, contact Danielle at dhintonofml@gmail.com, or call 603 269 3900.

Fri. 7/7 @ 5PM Sweet Sushi Demonstration: Learn how to make basic sushi and then sample it! Afterwards, kids will make their own version of sushi using candies and sweet treats. Open to kids entering Kindergarten - 5th grade. Registration required.

Wed. 7/12 @ 2PM Animal Presentation by the US Army Corps of Engineers: Ranger Briana continues the NH Predator Program, this time showcasing a black bear, a great-horned owl, and a river otter. She will bring mounted specimens of these animals. There will be stories and crafts, and light refreshments will be served.

Thurs. 7/13 @ 6PM New England Quilts and the Stories They Tell: Join Pamela Weeks as she weaves world history, women's history, industrial history, and just plain wonderful stories into her presentation. Participants are invited to bring one quilt for identification and/or story sharing.

Sat. 7/15 @ 3-5PM T.L.Storer Wilderness Skills (Teens/Tweens): Channel your inner Katniss Everdeen or Peeta Mellark right here in Barnstead! Join us at TL Storer to learn valuable skills like compass reading and shelter building. Do you and your zone have what it takes to make it in this dystopian world? Come find out. Registration required.

Wed. 7/19 @ 10:30AM Beach Story Time: Join Miss Jerissa at Barnstead Town Beach for a special story time. We'll have stories, songs, dancing, and crafts! Summer story time is for all ages.

Thurs. 7/20 @ 4-7PM OSG Paintball Zone vs Zone (Teens/Tweens): While we all know the zones are working together, we can't let the powers that be know that. Give them a show of zone vs zone at OSG paintball! Who will reign supreme?! Registration required.

Fri. 7/21 DIY Aquarium: Stop by any time from noon to 8PM to create your own make believe fish aquarium. While supplies last!

Sat. 7/29 @11AM SRP Finale: Join us for Wildlife Encounters, awards for the most books read, and more!

Family Movie Night at the library will resume in the fall. But...Parks & Rec will be hosting movies every Friday night in July, starting at dusk, back behind the library. The movie is free and popcorn and refreshments are available for purchase. Don't forget to bring a chair or blanket to sit on!

Writers Forum will be on hiatus for the summer and will start up again in September.

Life on the (Historical) Farm

The tradition of Old Home Day began in 1899, at the initiative of Governor Frank Rollins, to help restore closeness, unity, and prosperity back to the State of New Hampshire. [Source: The New England Historical Society.]

The Barnstead Historical Society is pleased to once again be participating in Old Home Day, on August 12, from 11 am to 4 pm, on the Parade Grounds. While we are still working on our exhibit, we expect to have many items on display that will show the important role of farming in the town's history. Our books will also be available for purchase:

- Tales of Barnstead as Told by George Pitman \$10
- The Last Stories, by Malcolm Locke \$10
- History of the Barnstead Fire Department 1909-1995 \$10
- Barnstead's 250th Recipe Book \$15
- History of Barnstead, New Hampshire \$15
- History and Genealogy of the Barnstead Early Families from 1727 to 1970 \$40

Be sure to stop and sit a spell!



Saturday, August 12th, 2023 from 9AM-4PM 1 W Parade Cir, Barnstead, NH 03218-3605

Join us for Barnstead's Old Home Day, 2023!

The event will be kicked off with our very own Barnstead Farmers Market and 5k Race at 9AM.

The official open of Old Home Day will start at 11AM with tons of events for everyone.

Vendors, Food, Competitions, Shows, and so much more.

Plenty more details to come, so stay tuned.

Barnstead Parks and Recreation

Barnstead Parks and Recreation Summer Concerts By Gail McCullough

The free concerts at the Parade Grounds are a big highlight of summers in Barnstead! It's more than a show, it's an experience...

The live music is fun to listen to, and the atmosphere gives off a small hometown feel. The performers will be set up in a beautiful little gazebo that has been decorated with American pleated bunting, and there will be a small local organization selling drinks, snacks, and yummy treats. You will find people parking their vehicles around the perimeter of the property, grabbing their lawn chairs, and settling in throughout the grounds. Some people will sit directly in front of their vehicles while others will move closer to the stage. There is always plenty of room for family picnics, dancing, and even space for children to play. Hula hoops and other toys will be scattered around, and it's a joy to watch the children running free with their friends, playing with the toys, or making up their own games. But children aren't the only ones to watch, you will also see families coming together for a relaxing evening, friends catching up with each other and even new friendships being built. It's an evening that's not just about the music, it's also about community, finding joy, and making memories.

Barnstead Parks and Recreation is honored to host such a wonderful event. It's a time for people to come together, sit back, and enjoy some live music.

Barnstead Parks & Recreation Highlights

Summer Concert Series

This year's free Summer Concert Series runs every Saturday starting June 24th through August 19th from 6-8pm at the Parade Grounds. Concessions will be available for purchase. With a wide variety of music, there is sure to be something for everyone. The concert lineup can be found on our website and Facebook page.

Outdoor Family Movie Nights

We are excited to hold a free outdoor movie night every Friday in July. The movies will take place at the P&R field next to the old archery targets and will be shown, at dusk, on a large outdoor screen. Popcorn and refreshments will be available for purchase. You can find the movie lineup and additional information on our website and Facebook page. Bring a chair or a blanket to sit on and join us under the stars.

Beach Attendants are needed for Barnstead Town Beach– We are actively looking for beach attendants for the summer season. Check our website for details.

Commission Member Openings

Being a part of the commission is a great way to be more involved in creating, planning, and hosting activities or programs for our community. There are different levels of involvement from leading and coordinating the moving pieces that make an event happen to working behind the scenes. Our motto is "Bringing Community Together by Doing Fun Stuff!" There are various openings on the commission, and we are excited to welcome new members. Please reach out through email or Facebook Messenger if you would like more information.

Barnstead Garden Club

We can be found on Facebook as Barnstead Garden Club. We are actively seeking donations for plants, manure/compost, loam, rocks fist-size or smaller to control erosion, and flat stones for steps. Donations will be used to brighten the landscape surrounding the Parks & Rec Area near the Oscar Foss Memorial Library and other areas throughout the Barnstead community. We thrive off of community volunteers and donations, so please reach out to us through our Facebook page or barnsteadgc@yahoo.com if you can lend a hand! We appreciate any help and support and hope you join our team!

Please watch our website (barnsteadnhparks-rec.com) and Facebook page (@barnsteadparks) for additional details, date changes, cancellations, and pop-up events. We can also be reached at 802-332-3799 and barnsteadparks@gmail.com if you have any questions.

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Need help with a past due electric bill from Eversource?

Check out their New Start Program! To be eligible:

- You must be a current Eversource residential electric customer with an active account;
- You must have a financial hardship status on your account; and
- You must have a past due balance of \$150 or more that is 60 or more days past due You must owe a past due bill, AND qualify for Financial Hardship Status (which is done through an application with Community Action Program 603-225-6880), ALSO set up a payment plan with them, AND make steady payments—Eversource will write off 1/12 of the bill up to \$12,000 annually.

For more information, please call Eversource at 844-273-7760, or visit Eversource.com/billhelp. https://www.eversource.com/content/residential/account-billing/payment-assistance/new-start



RECIPE CORNER

Summer Squash Pie

Ingredients: 1 1/4 cups Bisquick 4 cups diced squash 1 1/2 cup shredded Italian

1 large onion, diced cheese

3 eggs, slightly beaten 1/2 cup cooking oil 1 tbsp. oregano Salt and pepper to taste

Directions

- 1. Combine all ingredients, minus 1/2 cup of the cheese, in a large bowl.
- 2. Pour into a 10-inch pie plate
- 3. Sprinkle top with remaining shredded cheese.
- 4. Bake at 350 degrees for 45 to 60 minutes.
- 5. Let stand 5 minutes before serving.

Yield: about 32 minis—-12 larger.

Submitted by Jeannie Terry

Cinnamon Roll Cake

For the cake:

3 cups flour

4 teaspoon salt

4 teaspoons baking powder

1 ½ cups milk

For the cinnamon swirl::

1 cup butter (softened)

1 cup brown sugar

2 tablespoons flour

2 tablespoons cinnamon

1 cup sugar For the glaze:

2 large eggs 2 cups powdered sugar 2 teaspoons vanilla 4 tablespoons milk ½ cup butter (melted) 1 teaspoon vanilla

Submitted by Linda Nelson

Directions:

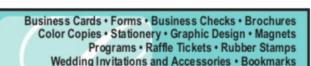
- 1. In a large bowl, mix together the flour, salt, and baking powder.
- 2. In another bowl, mix together the milk, sugar, eggs, and vanilla.
- 3. Add the dry ingredients to the wet ingredients and mix just until combined.
- 4. Once mixed, slowly pour in the melted butter.
- 5. Pour all into a greased 9x13 pan.
- 6. For the topping, mix all ingredients together until well combined.
- 7. Drop or pour (depending on how soft the butter is) evenly over the batter and swirl with a knife.
- 8. Bake at 350 for 30-40 minutes.
- 9. In a small bowl, whisk together the powdered sugar, milk and vanilla until smooth.
- 10. Drizzle the glaze over the warm cake.



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Worship Service - Sundays @ 10AM

www.centerbarnsteadcc.org



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