

GivingTuesday - November 29, 2023



#### by Kristina Schram

In 2012, a movement began based on one simple concept: Radical generosity. Radical generosity is the belief "that the suffering of others should be as intolerable to us as our own suffering." Underlying this concept is empathy: being able to truly feel and understand what others are going through. Generosity then takes empathy a step farther, leading you to make the decision to act on those feelings by helping others.

On November 29th, 2023 - also known as Giving Tuesday - the movement encourages people to do acts of kindness on this special day. We all have something to give, whether it be a donation of goods, skills, time, and/or money. It all helps. And when you start giving, it becomes easier to keep the generosity going, not just for the day but all year long. Giving builds upon giving, both within yourself and within your community. Witnessing generosity encourages others to follow your lead, and eventually they will become models, too. At the end of the day, helping your neighbors benefits the entire community, which includes your own self. It's a win-win!

Things you can do right here in Barnstead:

- 1. Donate toiletries, unexpired canned/boxed food, or unexpired money to the Barnstead Food Pantry now located at 27 Depot St., Bldg. A (to donate goods, make an appointment with Dawn: 603-848-7648, Elaine: 603-235-1895, or George: 603-848-1687).
- 2. Gather up gently used, clean clothes and put in the Earl B. Clark Am. Legion Post 42 bin located at 1038 Beauty Hill Rd. (place clothes in plastic bags and tie them off).
- 3. Drop off unwanted books in the book bin at the back of the library's parking lot (not the library book drop!) - this helps raise money for library programming.
- 4. Become a Friend of the Library and help run fundraisers, book sales, programs, etc.
- 5. Give school supplies, tissues, hand sanitizer, etc. to the elementary school.
- 6. Empty out your (not your neighbor's) garages, attics, basements, barns, and put stuff out at the end of your driveway with a FREE sign one person's trash is another person's treasure, and it's so much less work than doing a yard sale. Or sell it and donate the \$.
- 7. Serve as a volunteer for and/or donate drink and snack items to the Timberwolves Booster Club at the high school or even just attend a few games to support the players.
- 8. Clean up trash in your neighborhood and make your neighbors happy! The roadsides around here can get really gross, which is just plain depressing to look at.
- 9. Mow the grass/shovel the driveway/rake the yard for a neighbor in need. (Maybe ask first so you don't get yourself shot.)
- 10. Be kind on the FB Community Page, or at least try to abstain from critiquing, scolding, finger pointing, and judging. For all our sakes, try real hard.
- 11. Set up a post-secondary education scholarship for local students so they won't have to sell an organ to make ends meet.

  12. Give Blood! Register at redcrossblood.org and make an appointment today!







# POTLUGK

**CONTACT OFML FOR A RECIPE FROM BARNSTEAD'S 250TH BIRTHDAY RECIPE BOOK** 

# THURSDAY STARTING AT 3PM

DROP OFF YOUR CULINARY MASTERPIECE!

16 NOV

DROP IN BETWEEN 6PM AND 8PM TO **ENJOY DINNER WITH YOUR NEIGHBORS!** 

IN THE LIBRARY MEETING ROOM

TO REQUEST A RECIPE, CONTACT **OFML AT 603-269-3900 OR EMAIL** OFMLSTAFF@GMAIL.COM



COOKBOOKS CAN ALSO BE PURCHASED WHILE SUPPLIES LAST AT OFML, WITH PROCEEDS GOING TO THE BARNSTEAD HISTORICAL SOCIETY



## Barnstead Residents we need your help! Please nominate a worthy individual for the Gordon Preston Outstanding Community Service Award as referenced below:

### **The Gordon Preston Outstanding Community Service Award**

Mahatma Ghandhi said "The best way to find yourself is to lose yourself in the service of others".

Gordon Preston's life epitomized this quote. He was devoted to serving the community for the benefit of all. When Gordon arrived in Barnstead many years ago, he immediately immersed himself into volunteering within the community. He continued to generously serve this town for the rest of his life. Gordon was welcoming of all newcomers to Barnstead and inspired others to get involved and change our small town for the better. He believed that one person could make a difference and his life's work exemplified that.

In the Spirit of Gordon's unwavering service to our community, The Gordon Preston Outstanding Community Service Award, which was established in 2019, is presented to a person who embodies the same type of dedication to The Town of Barnstead. This award recognizes the unsung hero or heroine that continually gives their precious time to benefit our community as a whole. It is a small way to say thank you for all you do.

The Gordon Preston Outstanding Community Service Award ceremony debuted at The Gordon Preston Celebration of Life Gathering in 2019 and we are committed to continuing this award each year in Gordon's Name.

#### **Criteria for Nominees:**

- Any volunteer and/or Barnstead town employee who serves our community to benefit our town and the residents.
- Nominee does not have to be a resident of Barnstead
- This person consistently demonstrates the quality of outstanding service to the Town of Barnstead.
- Their actions have made a meaningful contribution to the community through their time, actions, talents and dedication
- Someone who is not normally recognized for their unyielding efforts that benefit our town...the unsung hero/heroine
- We encourage you to nominate someone, whose commitment to and service in the Town of Barnstead has made a positive impact on the lives of the residents and the local community. We will be accepting nominees through the month of October and November.

#### Please Include:

- The name and contact information of the person you are nominating
- Your name and contact information
- Specific reason why this person deserves to be recognized
- Any anecdotal information or quotes from those who were touched by the nominee would be greatly appreciated
- All nominations must be submitted via email no later than **November 20th** of each year.
- The award ceremony will be presented on Saturday, **December 16th, 2023** in tandem with the Volunteer Appreciation Day celebration.

Nominations can be submitted to **Kelly Fan** at: **ursomeone@breezeline.net** Please contact above with any questions, thank you!

The selection committee for the Gordon Preston Outstanding Community Service Award will review the nominations and select one recipient that exemplifies the spirit of the award.

\*The Preston family would like to thank Margaret and Mike Cipriano for their generous and ongoing support in keeping the memory of Gordon Preston alive.

#### **November Events at Oscar Foss Memorial Library**

**Library Hours**: Tuesdays and Wednesdays from 10:00 am-6:00 pm, Thursdays and Fridays from 12:00 pm-8:00 pm, and Saturdays from 10:00 am-1:00 pm. We are closed for staff training on the second Thursday of every month until 3:00 pm. We will be closed on Saturday, 11/11, for Veteran's Day, and also on Thursday, 11/23, and Friday, 11/24 for the Thanksgiving holiday. We will be open Saturday, 11/25 from 10-1.

**Make a stop at the OFML Propagation Station!** There will be plant cuttings available to take from the library, and people can drop off their own as well. (But please leave Audrey II at home!) While supplies last.

**Vote for our 2024 Pets of OFML Calendar!** During the first week of November, visit the OFML Facebook page to choose your favorite photos and the winners will be featured in our 2024 calendar. Calendars will be available for purchase late November, just in time for the holidays. It would make a purr-fect gift, don't you think?!

**On Wednesdays at 10:30 it's Children's Storytime!** You will hear wondrous stories, participate in melodious sing-a-longs, and do nifty crafts. Meet new families and make new friends. Our childrens' area has loads of great books and fun activities for those cold November days. Tis the season to come and get your story on!

**Welcome to Yoga Monday!** Gentle Hatha-Flow runs from 10:15-11:40, Senior/Beginner/Chair Yoga is 12:00-1:00, and Intermediate Hatha-Flow lasts from 5:30-6:50. Classes are by donation (suggested \$8). All are welcome and encouraged to attend, regardless of ability to donate.

**Stop by Over the Moon Farmstead in Pittsfield on the first Wednesday of the month to see what our Mead and Read Book Club (ages 18+) is all about!** This month we will be meeting to discuss Françoise Frenkel's memoir A Bookshop in Berlin. This memoir, written in the immediate aftermath of the author's prolonged escape from Nazi persecution, offers a uniquely human glimpse into one of history's darkest moments. Join us to discuss the book on Wednesday, Nov. 1, from 6:00-7:30. Next month's book will be Charles Dickens' A Christmas Carol to get you in the holiday spirit!

On Friday, Nov. 10, from 5:00-6:00, join us for a Teen Fall Paint Night! Bring your friends to this fun event, where we will be painting fall-themed light boxes. Space is limited so please call or email the library to sign up.

It's a Community Potluck, but with a unique twist! On Thursday evening, Nov. 16, at 6:00, community members—that's you!—will pick a recipe from the Barnstead 250th anniversary cookbook—we will have recipes available to pick up at the circ desk—to make and bring to the library on 11/16 to honor this special work. Think of it as a community Thanksgiving! (cont. next page)





**Family Crafternoon - where everybody can be an artist!** - happens every third Friday of the month (11/17 this time) and runs from 4:00-5:00. All ages are welcome. Let's get creative for the holidays! Make an ornament, design your own greeting cards, or create a special keepsake. Light refreshments and supplies will be provided. Space is limited, so registration is required.

**Hip, hip, hooray, we're having a party - a Children's Tea Party!** On Saturday, Nov. 18, at 11:00, come join us at the library for a lovely time. Wear your favorite costume, and we'll provide the rest. We look forward to seeing you, at your spiffing best! Space is limited so please call or email the library to sign up.

**Giving Tuesday is coming!** On Tuesday, 11/29, do something good for others! The Giving Tuesday movement encourages people to do acts of kindness on this special day. We all have something to give, whether it be a donation of goods, skills, time, and/or money. It all helps. At the end of the day, helping your neighbors benefits the entire community, which includes your own self. It's a win-win!

**Holiday Craft Workshop is back for another year!** Starting Thursday, Nov. 30 and running through Saturday, Dec. 2, stop by the meeting room to use free arts and craft supplies for making holiday gifts. Patrons are welcome to share/donate their clean crafting supplies.

**Writers Forum:** Due to the upcoming holidays, we are making a temporary schedule change for our group. We will skip our November meeting altogether, and instead will meet Friday, Dec. 1, from 6:00-7:30. Our next meeting will be in the new year. For ages 14- and all levels of writing experience/expertise. Write on!

**Learn about Regenerative Agriculture with T. L. Storer!** Join Robb Ellis at the library on November 29th from 5:30–7:00 PM to discuss how regenerative agriculture will improve the health of your soil and how that impacts food quality, grazing animal health, our environment and more. Robb will also talk about about the actions they are taking at the Storer Ranch to rebuild the soil, improve the health of their forest and prepare for the arrival of cattle. Contact the library to reserve your spot!

For events that require registration, please contact the library at 603-269-3900 or ofmlstaff@gmail.com to reserve your spot!



#### CCNB'S PUMPKIN AND PINE FAIR RETURNS SATURDAY, 11/4/23

Come one, come all to our charming Fall Fair at the Congregational Church of North Barnstead (CCNB) from **9 a.m. to 1 p.m**. Our well-known fair has many treasures to offer you, both inside and outside the church. You will find gifts for yourself and anyone on your holiday gift list.

Our Baked Goods table has tempting homemade pies, breads, and rolls, as well as Whoopie pies, jams, jellies, cookies, and gluten and dairy-free items too. Have a busy night and need a quick meal? You will find healthy soup ingredients in a jar: just add ground meat or veggies and heat the soup for a tasty meal. Want dessert? Try the peppermint brownies, lemon-glazed cookies, and almond and peppermint bark.

Our Crafts table offers you handmade holiday table runners, aprons for adults and children (which come with a child's cookbook), holiday pot holders, packaged local raw honey, and decorated gift bags in two sizes. Beeswax candles and other beeswax products are also available.

Our unique Batik Boutique brings you batik and printed colored fabrics from a community in Ghana, Africa. The fabrics have been creatively turned into purses, wallets, aprons, and beautifully colored clothing. Once again, the Batik will have their quilt raffle! The Ghana community is a Mission for our church.

There will be a Silent Auction with gift cards from local businesses like the Neva Dun Farm (a cut-your-own Christmas tree), Salty Dog Pottery, Journey's End Maple Products, and items including an antique wooden furnished dollhouse and carved wooden camels from Lebanon.

Hungry? In our Cafe next to the church, we have breakfast sandwiches, chili, corn chowder, soups, hamburgers, hot dogs, and homemade baked beans. Tables and chairs will be set up outside where you can sit, eat, and chat with friends.

Please join us at the **Congregational Church of North Barnstead UCC at 504 North Barnstead Road on November 4th.** Take Route 28 and turn onto Peacham Road (opposite White Oak Road). Follow Peacham to its end, then turn right onto North Barnstead Road. The church is further down on the left, and parking is available on the road. We look forward to seeing you!



# RECIPE CORNER

# **PECAN FINGERS**

# Ingredients:

- 1/4 cup shortening (half butter or margarine softened)
- 3/4 cup confectioners' sugar
- 1 1/2 cup flour
- 2 eggs
- 1 cup brown sugar( packed)\*
- 2 Tbsp flour
- 1/2 tsp baking powder
- 1/2 tsp salt
- 1/2 tsp vanilla
- 1 cup chopped pecans

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- 1. Heat oven to 350 degrees.
- 2. Cream shortening and confections' sugar.
- 3. Blend in 1 1/2 cups flour.
- 4. Press evenly in the bottom of an ungreased baking pan,13x9x2 inches.
- 5. Bake for 12 to 15 minutes.
- 6. Mix remaining ingredients: spread over hot baked layer and bake 20 minutes longer.
- 7. Cool: cut into bars, about 3x1 inch. 32 cookies.

These are nice for the holiday —a little vanilla ice cream on the side or whipped cream or plain. Enjoy and have a Happy Thanksgiving!! J Terry



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# BE THE CHURCH

Protect the environment. Care for the poor.

Forgive often. Reject racism. Fight for the powerless.

Share earthy and spiritual resources. Embrace diversity. Love God. Enjoy this life.

# CONGREGATIONAL CHURCH OF NORTH BARNSTEAD - UCC

504 N. Barnstead Rd. Center. Barnstead, NH ccnorthbarnstead.com

Worship with us in-person or join on Zoom at 10am



#### WE NEED YOUR FEEDBACK!

The library is working on our strategic plan and we would love input from our community!

Scan the QR code below to take the survey:



If you would like to submit an event or classified for the Barnstead Banner, please email danielle@oscarfoss.org with the details.

To subscribe to the online issue of the banner, go to www.oscarfoss.org /the-barnstead-banner

# BARNSTEAD PARADE CONGREGATIONAL CHURCH



Worship Service 9:00 A.M. Rev. Sandy Pierson—483-2846