



BARNSTEAD BANNER

Good News from a Small Town



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IF YOU WOULD LIKE TO SUBMIT AN EVENT OR CLASSIFIED FOR THE BARNSTEAD BANNER, PLEASE EMAIL DANIELLE@OSCARFOSS.ORG WITH THE DETAILS.

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Multiple Regressions

by Kristina Schram


Have you ever had days when you felt like a toddler? You know, when you just don't wanna? Or when you wanna, but the universe seems determined to get in your way? As adults, most of us suppress that inner toddler (okay, the word 'most' might be debatable these days), but I feel like, as I get older, it's getting harder and harder to keep that little demon muzzled.

It seems counterintuitive, really. I should not be regressing; I should be gaining wisdom and maturity as I age. Instead I'm gaining wrinkles, weight, and an attitude. Then again, I'm also losing things. Like my patience, my memory, my vigor, and my mind. Doesn't that sound backwards to you?

Lately, I've even been wondering how young is too young to play the grumpy old lady card. I want an excuse to get away with "releasing the Kraken," so to speak, and that particular card is a time-proven method. "I'm not being a big baby," I can shout vociferously, "I'm just being old!" Boy, that hits the spot, doesn't it? More and more often these days I've been catching myself thinking, back in my day... So apparently I'm already trying out the role. I might as well go whole hog. Ah, crud muffins. It's the beginning of the end, isn't it?

Okay, so how does one avoid spiraling into acting like a fussy, overtired child? It's a challenge I'm not sure I'm up to, and I don't have any ready suggestions. Probably because changing my behavior would involve effort. Hmm... Maybe that's why we gain weight as we get older. Because soothing ourselves with, shall we say, less healthy options (chocolate, pizza, wine, Netflix, Facebook, etc.), as opposed to more healthy options (veggies, fruit, water, exercise, socializing with real people, etc.) is so much easier. Sometimes I do the worst things to myself to avoid letting my demons loose. I guess that kind of makes me a hero. I literally sacrifice my health to save others.


Anyone going for that? Because I kind of like that narrative. What's that? You don't agree, young whippersnapper? How dare thee argue with your elder! And a hero, at that! Off with your head! Get thee gone! Vamoose! (Yeah, I'm really liking the grumpy old lady card.)



**CENTER BARNSTEAD
CHRISTIAN CHURCH**

Worship Service - Sundays @ 10AM

www.centerbarnsteadcc.org



**BARNSTEAD PARADE
CONGREGATIONAL
CHURCH**



Worship Service 9:00 A.M.
Rev. Sandy Pierson—483-2846

BE THE CHURCH
Protect the environment. Care for the poor.
Forgive often. Reject racism.
Fight for the powerless.
Share earthy and spiritual resources.
Embrace diversity. Love God. Enjoy this life.

**CONGREGATIONAL CHURCH
OF NORTH BARNSTEAD - UCC**

504 N. Barnstead Rd. Center. Barnstead, NH
ccnorthbarnstead.com

**Worship with us in-person
or join on Zoom at 10am**



PHOTO PROVIDED BY TL STORER

4-H News!

by Ellie Adams and Jyllian Caswell

Hi everyone, this is Jyllian and Ellie here with your 4-H news. If you didn't know, 4-H is a fun program run by Robb Ellis.

At our last meeting, we had the opportunity to work with some snow blowers that were donated by Barnstead Parks & Recreation! With the help from the adults who volunteered, they were able to teach us more about the engines and how to make sure the snow blower is in working condition.

Our next meeting will be on April 3rd at 6:30. We are located at 1513 Province Road, Barnstead, NH. If you have any questions, feel free to email our leader at robb.ellis@scouting.org or call 603-418-1418. We hope to see you there!

STORER

kids
SPRING CAMP

- OUTDOOR ACTIVITIES
- AGES 6-14
- ARCHERY
- GOATS & DONKEYS

APRIL 22-26TH

1513 PROVINCE ROAD
BARNSTEAD, NH 03218

FOR MORE INFORMATION, CONTACT US :
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FISH TAILS

Bait & Tackle

OPEN DAILY
6am - 6pm

1045 Beauty Hill Rd
Barnstead, NH
603 - 545 - 5808

@fishtails1

BARNSTEAD HISTORICAL SOCIETY

Harriet Dame: New Hampshire's Angel of Mercy

Courtesy of the New Hampshire Historical Society

Born in Barnstead on January 5, 1815, the youngest of six children, Harriet Dame spent the first half of her life at home with her parents, never marrying. Following her parents' deaths in the 1850s, she converted the family home in Concord into a boardinghouse and took in tenants from the nearby Biblical Institute.

When the Civil War broke out in April 1861, Dame offered her services as a nurse to the 2nd New Hampshire Regiment, which mustered in Concord. She had no formal medical experience or training, which was typical of the middle-class women who worked or volunteered as nurses during the conflict. Professional nursing schools would not be created until nearly a decade after the war ended.

In the spring of 1864, Dame finally consented to transfer her operations to a hospital, taking charge of the nurses as matron at the 18th Corps Hospital in Virginia, where she remained for the remainder of the war. Her experience during the war was atypical, though. Most of her peers remained in Washington hospitals for the duration of the conflict and saw nothing of the battlefield.

After the war, Dame remained in Washington, D.C., working as a clerk for the Treasury Department. In 1887, she succeeded Dix as president of the Army Nurses Association, where she campaigned vigorously for recognition of the contributions made by Civil War nurses. She also remained active in veterans' organizations and supported efforts to provide continuing care for wounded soldiers, donating large sums of her own money to build centralized veterans' homes. During her lifetime, Dame received substantial recognition for her contributions and was awarded numerous awards and ribbons. In 1884, over 600 soldiers signed a petition requesting the U.S. Senate grant her a pension for her wartime services. The Senate complied later that year, apparently impressed with the testimonials provided on Dame's behalf.

Even after her death in April 1900, Dame continued to receive tribute. In 1901, her portrait was placed in the New Hampshire State House, making her the first woman to be so honored. In 2002, the American Nurses Association inducted her into the Nursing Hall of Fame. And in 2015, following a campaign led by the Daughters of the American Revolution, New Hampshire Governor Maggie Hassan proclaimed December 2015 Harriet Patience Dame Month, commemorating the 200th anniversary year of Dame's birth.

Library Happenings

Library Hours: Tuesdays and Wednesdays from 10:00AM-6:00PM, Thursdays and Fridays from 12:00PM-8:00PM, and Saturdays from 10:00AM-1:00PM. We are closed for staff training on the second Thursday of every month until 3:00PM (4/11).

Good to Know Info: Don't forget that Monday, 4/8, is **Total Solar Eclipse Day!** Using Lancaster, NH, as our base, the eclipse is set to begin at 2:16 PM and the total eclipse should commence at 3:27 PM. We have special viewing glasses here at the library ~ limit 3 per patron. Also, **School Vacation** runs from 4/22 to 4/26.

Wed. 4/3 @ 6-7:30PM Meet and Read at the Library (Ages 18+): Takes place on the first Wednesday of the month in the library's Meeting Room. This month's book will be "Anil's Ghost" by Michael Ondaatje. Next month's book is "A Passage to India" by E.M. Forster.

Thurs. 4/4 @ 5:00-7:00PM Trivia Night: Battle of the Generations: Let the battle commence! Come test your trivia knowledge against other generations. Gen Alpha, Gen Z, Millennials, Gen X, Boomers, come help your generation win. Categories include music, pop culture, film, sports, history, and more. Spread the word, 'gen'erate some hype. Light refreshments provided.

Tues. 4/16 National Librarian Day: Woohoo! Feel free to come into the library and let us know that we are the wind beneath your wings. And if you could sing it, that would be great. Or check out a book or a DVD or a game. We like when you do that stuff, too.

Wed. 4/17 & 4/24 @ 12:30-3:30PM The OFML Sewcial Club: *NEW!* This club meets the 3rd and 4th Wednesday of the month. Guests can bring any sewing or quilting project they are working on (along with their sewing machines and supplies) to the library to socialize and share tips while they sew.

Thurs. 4/18 @ 4:00-5:00PM Shire-Fest Planning Meeting: Calling all lovers of adventure! We are looking to put together a committee to plan our summer reading finale featuring a Hobbit-themed Renaissance Fair-like party. Anyone interested in helping plan and/or to volunteer to help out at the party is welcome!

Fri. 4/19 @ 4-5:00PM Family Crafternoon: Learn basic hand sewing techniques: Blanket stitch, running stitch, overcast, and French knot. Then we will create a small keepsake for you to bring home. Materials provided. Space is limited, so registration is required. Light refreshments will be served.

Thurs. 4/25 @ 6-7:30PM Writers Forum: Writers Forum - a group created and run by fellow writers to help you in your writing process, wherever that might be - runs on the last Thursday of the month, from 6:00-7:30. For ages 14+ and all levels of writing experience/expertise.

Fri. 4/26 @ 4:00-6:00PM Film-To-Table: A Harry Potter Dinner Experience: We are pairing a screening of "Harry Potter and the Sorcerer's Stone" with a fabulous dining experience. Enjoy the food on screen at the same time as the characters! Fancy some butter beer? How about a piece of Harry's Birthday Cake? Ages second grade and up. Registration is required.

Sat. 5/4 @ 10:30-1:00 Spring Swap Meet: Got stuff? Need stuff? Let's swap! Here's the scoop: Bring gently-loved items to the library between **Apr. 30 and May 3** (no earlier, please). Acceptable items would be books, toys, home decor, gently-used clothing, tools, and more. For each item you drop off, you'll get tickets to use as "currency" to "buy" some cool stuff. It's all about giving things a second chance. No items to swap? You can still join in. Buy tickets on swap day and dive into the treasure hunt. Bonus: You'll be helping fund more awesome library programs with your purchase. May the fourth be with you!



There's always something happening at the library!

Barnstead Parks & Recreation Highlights

Spring Clean-Up – We are partnering with the Center Barnstead Christian Church and the Congregational Church of North Barnstead, for our annual spring roadside clean-up which is scheduled for Sunday, April 28th 9 AM – 12 PM. We will meet at the Barnstead Town Hall parking lot at 9am for a safety briefing and instructions. Boots and gloves are recommended and garbage bags will be provided. Join us after the cleanup for a thank you lunch.

Beach Attendants needed for the Barnstead Town Beach– We are actively looking for beach attendants. Check our website for details.

Commission Member Openings
Since most sports are organized and led by other groups we are focusing on other activities with the motto: "Bringing Community Together by Doing Fun Stuff!" There are various openings on the commission, and we are excited to welcome new members. Give us a call ,or an email, if you would like more information.

Business Cards • Forms • Business Checks • Brochures
Color Copies • Stationery • Graphic Design • Magnets
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Barnstead Garden Club

Find us on Facebook as 'Barnstead Garden Club.' We are actively seeking donations of plants, manure/compost, loam, rocks- fist size or smaller to control erosion-, and flat stones for steps.

Donations will be used to brighten the landscape surrounding the Parks & Rec Area near the Oscar Foss Memorial Library and other areas throughout the Barnstead community. We thrive off of community volunteers and donations, so please reach out to us through our Facebook page or barnsteadgc@yahoo.com if you can lend a hand! We appreciate any help and support and hope you join our team!

Barnstead Parks and Recreation decided not to move forward with the Playscape Grant. You can read about it here barnsteadnhparksrec.com> Forms/Documents

You can find additional information on our website regarding our archery program, and summer concert series.

Please watch our website (barnsteadnhparks-rec.com) and Facebook page (@barnsteadparks) for additional details, date changes, cancellations, and pop-up events. We can also be reached at 802-332-3799 and barnsteadparks@gmail.com if you have any questions.

Community Events

Center Barnstead Christian Church will be hosting a seminar on Human Suffering and World Religions on Sunday, April 7th from 6pm – 8pm. The speaker will be Dr. Chris Gnanakan, Professor for Theology and Global Studies at Liberty University. The seminar is open to everyone and will include a time of group discussion and Q&A.

If there is one subject that most people have wrestled with understanding, including its cause and cure, it is most definitely human suffering and pain. Dr. Gnanakan will unpack the different views with which the major religions interpret and understand the problem of pain. He will review their various beliefs regarding human suffering and demonstrate how all major religions with the exception of Christianity seek to evade or escape the unjustness of suffering.

April Board of Selectmen Meetings will be Tuesday 4/9 and Tuesday 4/23 beginning at 5:30 PM at the Barnstead Town Hall.

School Board Meeting is 4/18 at 6 PM in the Barnstead Elementary School Library.



SENIOR POTLUCK LUNCH

APRIL 16TH @ 11:30 AM

at The Barnstead Parade Fire Station

**WITH A SPECIAL MUSICAL
PERFORMANCE BY CAT FAULKNER**



RECIPE CORNER

WHOOPIE PIES

Ingredients (cookies):

- 1 cup of softened butter
- 1 and 1/2 cups of sugar
- 2 eggs
- 2 tsp vanilla
- 4 cups all-purpose flour
- 3/4 cup baking cocoa
- 2 tsp baking soda
- 1/2 tsp salt

- 1 cup of water

- 1 cup of buttermilk

Frosting:

- 3 cups confectioners sugar

- 2 cups marshmallow creme

- 1/2 cup softened butter

- 2 tsp vanilla extract

Directions:

- In a large bowl, cream softened butter and sugar until light and fluffy.
- Beat in eggs and vanilla.
- Combine all-purpose flour, baking cocoa, baking soda and salt; add to the creamed mixture alternately with water and buttermilk, beating well after each addition.
- Drop by tablespoonfuls 2" apart onto greased baking sheets. (I use parchment paper) Bake at 375 degrees for 5-7 minutes or until set. Remove to baking racks to cool completely.
- In a small bowl, beat confectioners sugar, marshmallow creme, softened butter and vanilla extract until fluffy.
- Spread on half of the cookies then top with remaining cookies.

Makes about 4 dozen.

I found them to be very tasty and light—the filling was not too sweet but creamy. Great size for children!

Enjoy!!

Jeannie Terry