



BARNSTEAD BANNER

Good News from a Small Town



IN THIS ISSUE

HAPPY INDEPENDENCE DAY!

LIBRARY HAPPENINGS

**HISTORICAL SOCIETY
NEWS**

**IF YOU WOULD LIKE TO SUBMIT
AN EVENT OR CLASSIFIED FOR
THE BARNSTEAD BANNER,
PLEASE EMAIL
DANIELLE@OSCARFOSS.ORG
WITH THE DETAILS.**

**TO SUBSCRIBE TO THE ONLINE
ISSUE OF THE BANNER, GO TO
WWW.OSCARFOSS.ORG /THE-
BARNSTEAD-BANNER**

DANCE LIKE NOBODY'S WATCHING-UNLESS SOMEONE IS TAPING

by Kristina Schram

The older I get, the less I find myself caring about what people think of me. But what I really want is to go all the way and not worry about anyone's opinions. Then I could finally be the devil-may-care, plain-spoken, take-no-prisoners sort of person I've always wanted to be. But it's slow going because old habits are hard to break. Laws, on the other hand, not so much. So I'm going to need to be careful if I finally decide that niceties don't work for me anymore. Or speed limits. Or clothes.

These days, however, you can't do anything without worrying someone might try to record your activities for public consumption. Not only will their friends see the video, but all of their friends, and so on throughout the entire world. Forever. I'm not sure I'm ready for that kind of exposure. I suppose I'd get my 15 minutes of fame, which could be fun. But is it worth it?

I mean, I'd probably have to go on the talk show circuit and bemoan how I was traumatized as a child when I didn't get to do whatever I wanted. And how my parents wouldn't even let me have my own servant, which made me suffer terribly and now I have PTSD.

But I digress. I find it sad that people can't get up to shenanigans without someone capturing it and sharing it. I want to be able to be me without the whole world knowing. Though, truth be told, my main issue with people recording me is pure vanity. I simply don't look or sound very good on video. Probably also in real life, but at least in real life, I can convince myself otherwise. The problem with videos is when I look at other people in the video, they look exactly like what I think they do. So I must, as well. Sigh.

Getting older is hard, but it's rather freeing, too, as you're less likely to be held accountable for your questionable actions. For example, if you're old and your hat is on lopsided, that's considered adorable and quirky. I was out shopping with my mom the other day and a lady approached me and asked if that lady-pointing at Mum-was my mom.

I said yes. She asked her age (84). Mind you, I'm standing three feet away from my mom, who is quite capable of speech (believe me). She told me my mom was so cute, then turned to my mom, raised her voice, and congratulated her on not letting little things (like being old) stop her from getting out and about. The strange thing was that the woman didn't look all that much younger than my mom. But, since my mom was wearing a handknitted hat with a furry pom-pom on top (and yes, it was on lopsided), she gets called cute. I'd get called drunk.

When you're young, you do stupid things, and nowadays people record it, and it follows you around for the rest of your life. But when you're old and do stupid things, people expect it, so it's not exactly breaking news. Plus, they probably won't record you because, let's face it, aging doesn't exactly improve one's looks (Martha Stewart being the exception). So I guess I should just dance like nobody's taping, because in reality, probably nobody is. :(



CENTER BARNSTEAD
CHRISTIAN CHURCH

Worship Service - Sundays @ 10AM

www.centerbarnsteadcc.org





JULY LIBRARY HAPPENINGS

Good to Know Info: We are closed for staff training on the second Thursday of every month until 3:00 (Jul. 9). We will be closed Saturday, Jul. 4, for the holiday. Here's something cool: July is National Ice Cream Month! Looking Ahead: Shirefest is Saturday, Aug. 15 (for more info visit: <https://www.oscarfoss.org/shirefest>).

Our Summer Reading Program (SRP) is going on right now! Register online or at the library to participate and win some fabulous prizes - just for reading books. (Logging ends Saturday, Aug. 1.) The theme this year is, **"Plant a Seed, Read!"** and we are planning all sorts of activities for you, ending with Shirefest—our SRP finale—on Aug. 15.

Home School Group: Run by group members and takes place at the library meeting room on Fridays from 10:30-12:30. Involves a mix of stories, simple science/learning activities, and a creative art/craft activity that all go along with a theme for the week. The activities are geared towards kids ages 4 and up, and younger siblings are welcome to come along. There will be an event posted ahead of time on the group's Facebook page (Barnstead NH Library Homeschool Group) for each weekly meet-up, so you'll always know what to expect and if you need to bring anything.

Music and Movement Storytime, aka Littles Love to Learn! Join us on Tuesdays at 10:30 for an interactive storytime filled with group singing, dancing, imaginative play, crafts, and stories, all designed specifically for babies and toddlers.

Every Wednesday at 10:30 is Children's Storytime. Visit us at the library for stories, crafts, and singing. Then experience the cozy ambience in the children's area, which has all sorts of neat things to do. Make new friends. Set up playdates. Check out books, movies, and games, play with the trains, Legos, and puppets. Come for the learning, stay for the fun!

Start your week off with Yoga Monday! Gentle Hatha-Flow runs from 10:15-11:40, Senior/Beginner/Chair Yoga is 12:00-1:00, and Intermediate Hatha-Flow lasts from 5:30-6:50. Classes are by donation (suggested \$8). All are welcome and encouraged to attend, regardless of ability to donate.

Fun Fest Wednesday Afternoons in July: Throughout this month, we will be hosting various fun activities for the K-5 age group on Wednesdays from 3:00-4:00. These sessions will align with our SRP theme, "Plant a Seed, Read." Please visit our library Facebook page to view more details and to sign up for these events. You can also call or email the library to register.

Our Read the Room Book Club (ages 18+) takes place on the first Wednesday of the month (Jul. 1), from 6:00-7:30. This month's book will be "Trail of the Lost" by Andrea Lankford. Next month's book will be "How the Penguins Saved Veronica" by Hazel Prior. Books are available at the library. Bring food, bring thoughts, bring a friend!

Calling all Mah Jongg fans - come join us at the library! Players meet the first (Jul. 2) and third (Jul. 16) Thursdays of the month at 1:30. No registration required.

Jamming Tuesdays at OFML: 6:00-8:00 (ages 18+). Do you play a string instrument? Well then, dust it off and come make music with us! On the first (Jul. 7) and third (Jul. 21) Tuesdays of the month, join us for jam nights at the library (in the meeting room). No need to be an expert—just bring your instrument and a love of music. Share a few tunes, trade chords, get feedback (if you'd like), and most of all, have fun!

Sewing Basics 101 on Wednesday, Jul. 8, from 12:00-1:00. Learn the skills you need to keep your wardrobe looking fresh, such as: How to fix a button, hem your pants, or hide a tear. Earn a badge towards summer reading!

On Thursday, Jul. 9, at 4:30, join us for **Small Business Basics: A SCORE Workshop for Aspiring Entrepreneurs.** Dreaming of starting a business? Learn how to turn your idea into reality with guidance from a SCORE mentor. Open to all ages, with a follow-up session two weeks later (Thursday, Jul. 23, at 4:30) for continued support and questions.

On Thursday, Jul. 9, at 6:30, the New Hampshire Society of Genealogists presents "Three Men and a One Shilling Knife." This engaging program uses a dramatic 1788 tavern killing in New Durham to show how genealogists uncover stories from the past. Through newspapers, court records, military records, petitions, and other original sources, the lecture follows the intertwined lives of three Revolutionary War veterans and reveals how family history research can illuminate the people, events, and communities of New Hampshire's past.

OFML presents **Home Repair 101 on Friday, Jul. 10, from 5:00-6:00.** Ready to tackle life's little repairs? Join us for a hands-on introduction to basic home maintenance skills, perfect for teens, young adults, and first-time renters. Registration is required.

Saturday, July 11, from 10:00-1:00, come visit our OFML Craft & Makers Market! This program will be held monthly throughout the summer, and is located in the library parking lot (parking is down by the P&R area). Come shop for local crafts, gifts, and foods, then stop by the library and have a look around! If you are interested in becoming a vendor, please call or stop by the library to grab an application.

Our newest Lifelong Learning Series event: It's never too late to take charge of your brain health! **On Jul. 15, at 5:00, join us for an AARP NH Six Pillars of Brain Health** free workshop to discover how living an active life – by learning more, being social, staying fit, eating right, sleeping better, and managing stress – is our best bet for maintaining our brain health. Share your brain-boosting tips and be inspired by others. Please call or email the library to register.

On Jul. 16, at 6:30, join OFML and The Barnstead Historical Society, to hear Mary Adams present "Redcoats and Rebels." New Hampshire often gets overlooked in the narrative of the American Revolution, overshadowed by its noisy neighbor to the south. Nowadays, few people know about Paul Revere's first ride, which was to Portsmouth in December 1774 to warn the patriots that the British were coming to reinforce Fort William and Mary, five months before the Redcoats marched on Concord and Lexington. Nor do they know that two-thirds of the troops at the Battle of Bunker Hill were from New Hampshire. Most people are also unaware that New Hampshire's Provincial Congress adopted the first state constitution in January 1776, making no mention of royal authority and essentially declaring independence from Great Britain six months before anyone else. And this is just the beginning of New Hampshire's revolutionary story. This program was made possible by New Hampshire Humanities.

We are hosting a **Fused Glass Workshop (18+) on Thursday, Jul. 23, at 6:30.** Join Truecolors Glassworks in making plant-themed fused glass creations. Please call or email the library to register as spots are very limited.

On Friday, Jul. 24, from 6:30-8:00, join us for Books & Banter. This lively book club is open to everyone and invites you to share and explore a wide range of genres. Come ready to discuss up to three books you've recently read, giving a brief synopsis to spark conversation. Don't miss out on the fun—come share your thoughts, learn about new books, and enjoy a cozy evening of discussion.

On Wednesday, Jul. 29, at 6:00, join us for a Paint Night (18+)! Come paint plant-themed (or whatever you like) watercolor and relax at the library. No skills necessary, and supplies are provided. Please call or email the library to register.

On Thursday, Jul. 30, from 6:00-8:00, join us for Car Maintenance 101. Learn the basics of car care in this hands-on beginner workshop! We'll cover simple maintenance skills like checking fluids, understanding warning lights, and basic upkeep to help you feel more confident behind the wheel.

On Friday, Jul. 31, from 6:00-7:00, join us for Casual to Career: Style 101. Learn the basics of personal style with a professional stylist from Vostra Moda! This beginner-friendly session will cover casual, business casual, and formal dress, plus tips on how to dress for interviews and other real-world situations.

Let's Write a Novel! Join us in the library's meeting room for a series of structured classes on the how-to's of writing a book. This class runs from 6:00-7:30 on the last Friday of the month (Jul. 31). Budding writers, 16 and older, ignite your passion for storytelling, discover how to build your hero's journey, and take your novel from concept to can-do!

For events that require registration, please contact us at 269-3900 or ofmlstaff@gmail.com to reserve your spot!

Historical Society Page

Redcoats & Rebels: New Hampshire and the American Revolution

**Presented by: Mary Adams
at the Oscar Foss Memorial Library
July 16th at 6:30 PM**



Co-Hosted by Oscar Foss Memorial Library and the Barnstead Historical Society.
With funding made possible by
NH Humanities and the Institute of Museum and Library Services.

Barnstead in the Revolutionary War

Barnstead played a meaningful role in the American Revolution through the service of its residents. Here are a few notable contributions:

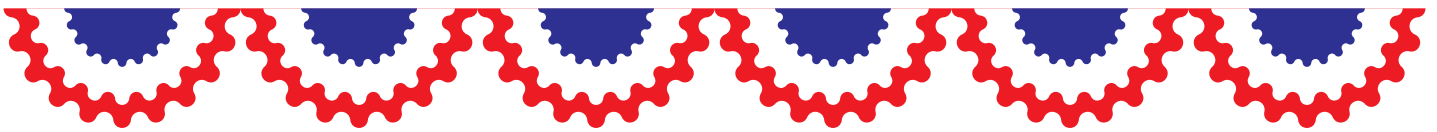
Jonathan Chesley took part in the only recorded military action in New Hampshire during the conflict. On December 14–15, 1774, he helped capture munitions and supplies from Fort William and Mary in New Castle, arming Patriot forces ahead of Bunker Hill. He later served as an Army Quartermaster, providing critical logistical support—food, clothing, and equipment—to the Continental Army throughout the war. A New Hampshire historic highway marker on Route 126 near the baseball field, dedicated in 2006, honors his service to both the Army and the town. [OBJ]

Bradbury Sinkler enlisted in 1777 and served alongside his maternal uncle, Col. Joseph Cilley, and three brothers in the 1st New Hampshire Regiment. He fought as a Private at Ticonderoga, Bemis Heights, Saratoga, and White Marsh. He endured the brutal winter encampment at Valley Forge in 1777–1778, where he, like many fellow Patriots, died of sickness and disease.

Joseph Place served both on land and at sea. His only son, John, served in the War of 1812. Three of John's sons served in the Civil War, and one of them—James—died in Andersonville Prison.

James Davis served in the Revolution and later died during the War of 1812.

For more on Barnstead's contributions, see *History of Barnstead, New Hampshire (from its first settlement in 1727 to 1872)* by Jeremiah P. Jewett. Copies are available through the Barnstead Historical Society.



The Barnstead Planning Board is seeking letters of interest from volunteers to serve on the Capital Improvement Plan (CIP) Committee.

A background in, or an interest in, budgeting and municipal government is helpful. This volunteer position primarily meets during the summer and fall in the evening. Committee members work on annual long term capital budgeting proposals with the goal of helping keep the town's portion of the tax rate as stable as possible while ensuring Town departments have the equipment, facilities, and other resources needed to provide excellent service to the community.

Letters of interest may be mailed to:

Office of the Planning Board
Town of Barnstead
PO Box 11
Center Barnstead, NH 03225



WE HAVE A PLACE FOR YOU THIS WEEK

Sun. 10A—Worship (Nursery Available)
 followed by Lite Lunch (not just coffee & cookies)
 Mon. 1:30P—Bible Study (Ephesians)
 Tue. 8A—Men's Breakfast @ Friendly Diner
 (guys just talking shop)
 Wed 10a-2p Women's Craft Group
 (lessons for knitting, crocheting, sewing)
 Thur. 6:30P—Chancel Choir rehearsal



DON'T FORGET OUR "AMERICA'S BIRTHDAY SALUTE" CONCERT
 June 5th @ 7 p.m. Featuring Church & Community Musicians.

WHERE ARE YOU GOING? Have you ever made plans with friends to go someplace but knew that because of a prior commitment you would not be able to go with them but that you would have to meet them later? I have. My friends and I had planned a single night camping trip. However, I had to work late so I was going to meet them there.

The day came, I had to work and had to stay late. By the time I arrived at the trail head it was already on the edge of dusk. I checked the trail log and saw that my friends had signed the trail log stating that their destination was the lake shore on the other side of the mountain.

So I set off. Dusk came...I lost the trail...I found a stream and followed it to the lake. At the lake I was alone...my friends were not there. I spent the night and the next day as I packed out I ran into my friends who had decided to camp at the top of the mountain. They changed plans, not maliciously. Had I not lost the trail, I would have met them at the top of the mountain. We all get lost at times, but in the Christian life we have to remember that Jesus is not the destination, He is **The Way John 14:6** Do you feel lost? Perhaps we at First Congregational can help you find **THE WAY**.

+Dennis Russell

FIRST CONGREGATIONAL CHURCH

We have a place for you this Sunday

24 Main Street, Pittsfield, NH 03263 ~ Phone 603-435-7471
 Office hours Tue 10-2, Wed 8-12, Thurs 1-5, and by appt.

BARNSTEAD PARADE CONGREGATIONAL CHURCH

Worship Service 9:00 A.M.
 Rev. Sandy Pierson—483-2846

**BE THE CHURCH**

Protect the environment. Care for the poor.

Forgive often. Reject racism.

Fight for the powerless.

Share earthy and spiritual resources.

Embrace diversity. Love God. Enjoy this life.

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD - UCC

504 N. Barnstead Rd. Center. Barnstead, NH
ccnorthbarnstead.com

**Worship with us in-person
 or join on Zoom at 10am**



Congregational Church of North Barnstead Welcomes New Pastor



Our congregation is very excited to share that we have called Heather Ivone Milliken to be our Pastor and teacher. Some of you may know Heather because she grew up in Barnstead where her father and stepmother still reside in their family home. Heather is excited to serve in her hometown, to reconnect with old friends and to make new ones!

Heather earned her BA at Boston University in Philosophy and Religion, intending to pursue ministry. Her life took a different path and she subsequently earned an MBA from Bentley University and had a very successful career for two decades in information management systems and product development.

In 2024 she once again felt a call to a pastoral career and enrolled in the School of Theology at Boston University. She will graduate with her Masters in Divinity in May 2027.

We invite you to come meet Pastor Heather at one of our church events and on Sunday mornings, 10 am at 504 North Barnstead Road. The Congregational Church of North Barnstead is affiliated with the United Church of Christ and is both an open and affirming and an accessible congregation.

“No matter where you are on your spiritual journey, you are welcome here.”

For additional information about the Zoom access to worship and summer schedule, please go to ccnorthbarnstead.org.

Business Cards • Forms • Business Checks • Brochures
Color Copies • Stationery • Graphic Design • Magnets
Programs • Raffle Tickets • Rubber Stamps
Wedding Invitations and Accessories • Bookmarks

Full Color: Cards • Brochures • Flyers • Labels • Postcards
Customized Promotional Items • Banners • Yard Signs

GRANITE IMAGE
940 Suncook Valley Hwy • PO Box 683
Epsom, NH 03234 • 603-736-6056
print@granite-image.com • www.granite-image.com

Belknap Area Market Management (BAMM) is excited to announce the return of its farmers markets for the 2026 season, bringing fresh, locally sourced produce, meats, baked goods, and artisan crafts to the communities of Tilton, Barnstead, and Laconia/Weirs Beach. The markets will run from late May through early October, offering residents and visitors a vibrant and accessible way to support local farmers and artisans.

Market Schedule:

Suncook Valley Farmers Market (Barnstead)

Saturdays, 10:00 AM–1:00 PM, starting May 30

91 Maple St, Center Barnstead

Each market will feature a diverse array of vendors offering fresh produce, meats, baked goods, and artisan crafts. SNAP/EBT benefits are accepted at all markets and are doubled through the Granite State Market Match program, making healthy, local food more accessible to all.

BAMM is committed to fostering a strong local economy by providing a platform for small-scale farmers and artisans to showcase their products. The markets also serve as community hubs, bringing together neighbors and visitors to celebrate the abundance of the Belknap region, while enjoying live music and hot food from a variety of food trucks. For more information about the markets, vendor applications, and support opportunities, please visit www.bamm-nh.org.

Contact:

Belknap Area Market Management

9 Berry Rd, Belmont, NH 03220

Phone: (603) 409-2871

Email: info@bamm-nh.org

Website: www.bamm-nh.org

About Belknap Area Market Management (BAMM):

BAMM is a NH benefit corporation dedicated to supporting and promoting local agriculture and artisans in the Belknap region of New Hampshire. Through its farmers markets, BAMM provides a platform for small-scale producers to connect with consumers, fostering a vibrant and sustainable local food system.



Jeannie's Recipe Corner

Strawberry-Rhubarb Icebox Cake

If you like strawberries and you like rhubarb, I hope you'll enjoy this easy recipe!

Prep Time: 10 minutes

Chill Time: 4 hours (or longer)

Total Time: 4 hours 30 minutes

Serves: 8

Ingredients

- 3 stalks rhubarb, thinly sliced (about 3 cups)
- 1/4 cup sugar
- 1 teaspoon vanilla extract
- 1/2 teaspoon almond extract
- 1 pound strawberries, hulled and sliced, divided
- 42 vanilla wafer cookies
- 4 cups whipped cream or whipped topping
- 1/4 cup sliced almonds, toasted (for garnish)



Directions

1. In a medium saucepan, combine the rhubarb, sugar, and 1/4 cup water. Cook over medium heat, stirring often, until the rhubarb is tender, about 10 minutes.
2. Remove from the heat and stir in the vanilla extract, almond extract, and three-quarters of the sliced strawberries. Let the mixture cool completely.
3. Line the bottom of a 2-quart dish with half of the vanilla wafer cookies. Spoon half of the strawberry-rhubarb mixture over the cookies, spreading it into an even layer. Top with 2 cups of the whipped cream.
4. Repeat the layers with the remaining cookies, strawberry-rhubarb mixture, and whipped cream.
5. Arrange the remaining strawberry slices evenly over the top. Cover with plastic wrap and refrigerate for at least 4 hours, or up to 1 day.
6. Before serving, garnish with the toasted sliced almonds.

I found this recipe in Hannaford Fresh Magazine, and I hope you enjoy this delicious dessert!

Have a wonderful Fourth of July. Be safe and happy!

♥ Jeannie



SHIREFEST

OSCAR FOSS MEMORIAL LIBRARY

Books, Bagginses
and a bit of Nonsense

AUGUST 15TH
10AM TO 3PM

A celebration of
books, community,
and all things
fantastical!

BOOKS & AUTHORS
LIVE MUSIC
FOOD & DRINK
GAMES & ACTIVITIES
COSTUMES WELCOME!

EVENT INFO AT
www.oscarfoss.org/shirefest/


SCAN ME FOR
EVENT INFO!

 **OSCAR FOSS**
MEMORIAL LIBRARY

111 South Barnstead Rd
Center Barnstead, NH 03225

Community Events

Board of Selectmen Meeting is weekly on Tuesdays starting at 6PM.

Alcoholics Anonymous meetings are held Tuesday evenings at the Center Barnstead Christian Church and Sunday at the Barnstead Town Hall at 7PM.

Planning Board Meeting 6/18 at 6PM

Barnstead Old Home Day Committee meets the first Wednesday of the month at the Oscar Foss Memorial Library at 7:00 PM.

The Barnstead Parks and Recreation Summer Concert series is underway! The concerts are in the Barnstead Parade Circle and start at 6PM on Saturday evenings:

- 7/11 Visitors Band of NH - Classic Rock & Country
- 7/18 White Dog Duo - '70s Music
- 7/25 North Shore Junction - Rock, Blues, Country and R&B
- 8/8 The Puffin and Loon - Folk, Americana, Country, Bluegrass, Gospel & Blues
- 8/15 Bel Airs - Golden Era of Doo Wop and Oldies
- 8/22 Windham Community Band - Selections from Broadway shows, movies, patriotic themes, marches & other popular band pieces.



OVER 60 AREA ARTISANS - ALL NH MADE PRODUCTS

1009 Upper City Rd, Pittsfield, NH
(Just off Route 28)
603-507-2378

Check our Facebook page for hours of operation
Facebook - page: sugarslocal or visit the Barnstead
Business Uncensored group for updates!